

March 2023



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Casey County Ag News

Casey County Cooperative
Extension Service
1517 S. Wallace Wilkinson Blvd
Liberty, KY 42539
606-787-7384
casey.ca.uky.edu

For those of you that have visited us in the past couple of months you noticed that we were not working out of office due to renovations. We can happily now welcome you back into our office as the renovations are complete. Make sure to visit us during our open house on March 14th to learn about our upcoming programs and enter to win some great giveaways.

Stay up to date!
Scan the QR code to
follow us on Facebook.



As you read this month's newsletter you will see we have all kinds of trainings coming up. If you have questions or are concerned about missing one please reach out to us and we will see if we can make an accommodation for you. As always, please make sure to RSVP for any meetings or events you plan to attend so we have an accurate head count to prepare for. I am looking forward to seeing each of you in the near future.

Kelsey Woodrum

Kelsey Woodrum
Casey County Agriculture and
Natural Resources Extension Agent

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

Upcoming Events

Call 606-787-7384 to register for local programs or to inquire about other events.

Cattle Labor & Delivery

March 2nd at 6:00pm

Casey County Extension Office Educational Building

UK Extension Ruminant Veterinarian Dr. Arnold talks about the in's and out's of a successful calving season.

There will be a meal provided.

KY Beef Expo

March 3rd-5th

Louisville, KY

Cold Frame Gardening Workshop

March 6th at 5:00pm

Casey County Extension Office Educational Building

Looking to get a jump-start on your growing season but don't have a greenhouse? Join us to learn about the benefits of cold-frame gardening!

Casey County Cattlemen's Meeting

March 9th at 6:30pm

Casey County Extension Office

Educational Building

There will be a meal provided.

Casey County Extension Open House

March 14th

Starting at 10:00am

Casey County Extension Office

Our office renovation is complete and we are inviting you to come check it out along with all of the programs we have coming up.

Join us for light refreshments, giveaways and fellowship!

Lake Cumberland Area Forage Series

Forage Establishment - Dr. Ray Smith

Community College

Whitley City, KY

March 14th at 6:00pm EST

Private Pesticide Applicator Training

March 16th at 10:00am

March 16th at 6:00pm

Casey County Extension Office

Educational Building

All participants must call to register.

Bring your drivers license.

Grafting Class

March 16th at 5:00pm

Casey County Extension Office

Join us to learn how to graft trees and take home your own grafts!

\$5/tree

Limit 4 trees per participant.

BQCA Training

FREE DURING MARCH

March 17th at 10:00am

Casey County Extension Office Educational Building

Hunter Education Course and Range Day

March 18th

Casey County Extension Office

Participants MUST register online at: <https://www.register-ed.com/programs/kentucky/120-kentucky-hunter-education-course>

Casey County Extension Council Meeting

March 23rd at 5:00pm

Casey County Extension Office Educational Building

Homebased Microprocessing Workshop

March 24th

9:30-2:30 EST

Casey County Extension Office Educational Building

This training is for farmers who grow and harvest produce to use in their value-added products.

Homebased microprocessors are required to grow a predominant ingredient in the products they make.

Cost: \$50

This a required course for some Casey County Farmers Market vendors.

Produce Best Practices Training

March 30th at 5:00pm

Casey County Extension Office Educational Building

Who needs to complete PBPT?

Anyone applying to be a Casey County Farmers Market vendor.

Anyone wishing to acquire a Farmers Market All-Samples certificate.

Anyone seeking a general overview of major produce food safety concerns.

This course is free to attend.

Agstravaganza

March 28th

5:00-7:00pm

Central KY Ag Expo

A night where literacy and agriculture collide!

Ag Advisory Council Meeting

April 4th at 12:00pm

Bread of Life Cafe

Lake Cumberland Area Forage Series

Optimizing Forage Quality During Harvest - Dr. Jimmy Henning

Casey County Extension Office Educational Building

April 4th at 6:00pm EST

Early Planting Dates

March 1st (indoors): cole crops (broccoli, cabbage, cauliflower, kohlrabi), lettuce, chinese cabbage

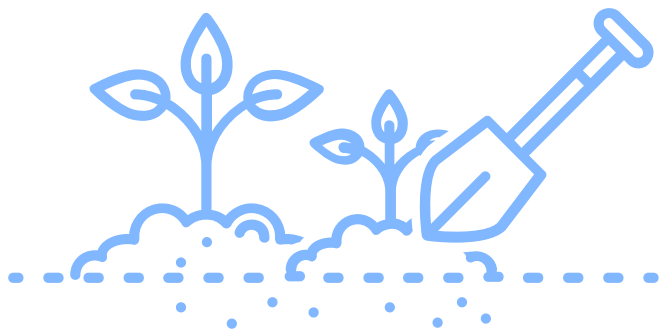
March 15th (outdoors): spinach, mustard, beats, peas, edible potted peas

March 22nd (move to outdoors): cabbage, kohlrabi

March 22nd (outdoors): asparagus, rhubarb, carrots, collards, kale, early potato seed-pieces, radishes, turnips, green onions, onion sets, endive.

March 22nd (indoors): peppers, tomatoes, eggplant, sweet potato slips

For more information refer to ID-128 or call our office.



From the Woods Today Zoom

Every Wednesday at 11:00am

A weekly internet show co-hosted by Renee Williams and Billy Thomas with UK Forestry and Natural Resources Extension.

March Herbicide Weed Control

Common Burdock

Buttercup

Common Chickweed

Purple Deadnettle

Curly or Broadleaf Dock

Wild Garlic

Poison Hemlock

Henbit

Broadleaf or Buckhorn Plantain

Red Sorrel

Bull Thistle

Musk Thistle

Plumeless Thistle

Refer to AGR-207 for herbicide recommendations or call us for more information.

Horticulture Webinar

Wednesdays

Every Wednesday at 12:30pm

A weekly discussion for garden geeks about anything

horticultural! There will be zoom lessons, gardening talks and some shenanigans. This is for non-commercial gardeners!

Find more on Facebook!

Top 10 Routine Tractor Maintenance Tasks

Tractor maintenance tends to fall by the wayside when you get busy. Don't put these tasks off until spring and summer. Performing a simple front-to-back routine every week can help you remember key maintenance points. The manufacturer will have suggested intervals for most of the maintenance tasks, so you won't have to do everything every week. But the routine will prompt you to ask if it is time to do specific tasks.

Be ready for the growing season before it starts with these 10 routine maintenance tasks. Inspect the front axles and steering. Is it time to grease the bearings and steering components? Make sure nothing is loose.

Check the coolant system. Make sure the coolant levels are adequate. Ensure the radiator is not plugged up with debris.

Look at those belts. Check to see they have the right tension and that they are not cracked. This will prompt you to have a spare on hand.

The air filter is next. Make sure it is not clogged and robbing power from your engine by not allowing air to get through.

Check engine oil. You should check this daily, but if you haven't, a good time to do it is during your weekly inspection. Also, check the fluid itself to ensure it doesn't have any contaminants or water in it.

Pay attention to the battery. If your battery is not a maintenance-free battery, check the liquid levels. Examine the cables for corrosion and make sure they aren't rubbing against the frame components.

Check clutch and brake linkages. With everyday use, you may not notice linkage getting out of adjustment. Specifically check for free play and other linkage adjustments.

Look at the hydraulic reservoir. Make sure the fluid is at the correct level and change the fluid when needed. The system provides fluids for remote cylinders, and it the critical lubricating force in your tractor's transmission.

Test those tires Make sure they are properly inflated.

Check the back of the tractor. Is it clean? Make sure the hydraulic hose connections are clean to keep dirt out of the system.

These simple procedures can extend the life of your tractors and protect your critical investment. For more information on equipment maintenance, contact us.

SLOW COOKER WILD SIDE BURGOO



Servings: 12
Serving Size: 1 cup

Ingredients:

- 4 medium potatoes, peeled and diced
- 1 cup cooked rabbit or chicken, cubed
- 1 cup cooked venison or beef, cubed
- 1 cup cooked squirrel or pork, cubed
- 1 cup cooked lima beans (or 1 15-ounce can, drained)
- 1 cup whole kernel corn (or 1 15-ounce can, drained)
- 3 1/4 cups chopped tomatoes (or 1 28-ounce can undrained)
- 1 1/2 cups cabbage, shredded
- 1/4 cup Worcestershire sauce
- 2 tablespoons vinegar
- 1 teaspoon sugar
- 1 teaspoon salt
- 1/2 teaspoon ground pepper
- 3 cups water

Directions:

Wash hands with warm water and soap, scrubbing for at least 20 seconds. Wash potatoes with a clean vegetable brush under running water before preparing.

Combine all ingredients in a 6-quart slow cooker. Stir to blend.

Cover with lid and cook on low for 8 hours.

Refrigerate any leftovers within 2 hours after slow cooker is turned off. Divide leftovers into smaller containers to allow quick cooling.

210 calories; 3.5g total fat; 1g saturated fat; 0g trans fat; 50mg cholesterol; 460mg sodium; 25g total carbohydrate; 4g dietary fiber; 5g sugars; 0g added sugars; 20g protein; 0% Daily Value of vitamin D; 6% Daily Value of calcium; 15% Daily Value of iron; 10% Daily Value of potassium.